



MONASH SURGICAL PRIVATE HOSPITAL PTY LTD

POST OPERATIVE INSTRUCTIONS FOLLOWING AN ENDOMETRIAL RESECTION - ABLATION

It is unusual to have problems following an Endometrial Ablation but the following symptoms may occur:

Pain Abdominal discomfort is not unusual and may be of a crampy nature but this should be relieved with pain relief tablets such as Panadol, Panadeine, Naprogesic or Ponstan.

If you experience severe pain and/or a high temperature following your operation please contact your Doctor.

Vaginal Bleeding There may be a discharge for up to 2-3 weeks. This can vary from a bloody to watery consistency and may have a characteristic burnt odour. Do not use tampons for the first cycle after your operation.

If your bleeding becomes heavy, please contact your surgeon on the number provided

Showering You may shower the day after surgery. To reduce the risk of fainting you are advised to eat breakfast beforehand

Sex You can have intercourse 2 weeks following surgery.

If you have any questions concerning your recovery, contact Monash Surgical Private Hospital during office hours on 8545 8000 or call your doctor.