



MONASH SURGICAL PRIVATE HOSPITAL PTY LTD

POST OPERATIVE INSTRUCTIONS FOLLOWING A CURETTE AND/OR HYSTEROSCOPY

It is unusual to have problems following a curette and/or hysteroscopy but the following symptoms may occur:

Pain

You may experience mild pain which can be relieved with pain relief tablets such as Panadol, Panadeine or Naprogesic.

If you experience severe pain and/or a high temperature following your operation please contact your Doctor.

Vaginal Bleeding

You will have some light to moderate bleeding which may occur for up to one week.

During this time we ask you not to:

- have a bath, spa or go swimming,
- use tampons,
- have sexual intercourse.

If your bleeding becomes heavy, please contact your surgeon on the number provided.

Showering

You may shower the day following surgery. You are advised to eat breakfast prior to showering, to reduced the risk of fainting.

Sex

You can have intercourse after the bleeding stops and you feel comfortable.

If you have any questions concerning your recovery, ring Monash Surgical Private Hospital during office hours on 8545 8000.

For after hours assistance please call your Doctor.